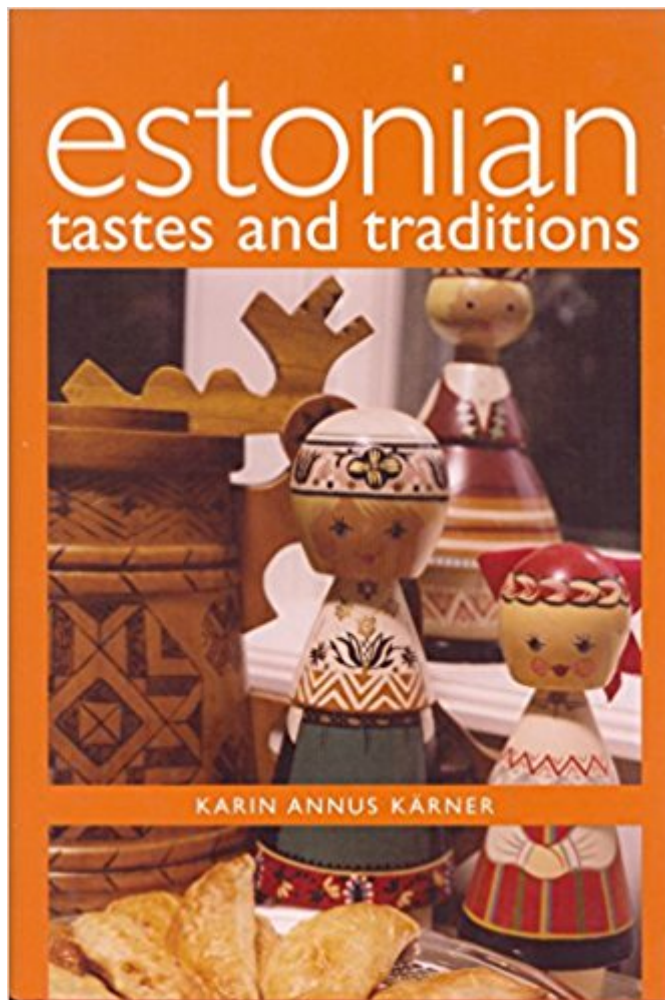




The book was found

# Estonian Tastes & Traditions



## Synopsis

The cuisine of Estonia, the northernmost of the Baltic nations, is little known outside the country's borders. Simple and satisfying, the cuisine is based on such staples as potatoes, pork, preserved fish, and dark bread. Sauces are made from milk, sour cream, or cottage cheese and the main flavorings are salt and pepper, onions, and fresh herbs. Estonians still observe the old culinary traditions. Christmas Eve (Jõululaupäev) is still celebrated with roast pork (seapraad), blood sausage (verivorstid), sweetbreads (magussaiad), and gingersnap cookies (piparkoogid). Visitors are welcomed with a coffee table (kohvilaud) of open face sandwiches (võileivad), filled turnovers (pirukad), and sweets such as cheese Danish (mulgikorp) and cakes (koogid). This comprehensive book contains more than 150 traditional and modern recipes, all designed for the modern kitchen with readily available ingredients. Additionally, extensive historical and cultural information and an Estonian-English/English-Estonian glossary of culinary terms are included.

## Book Information

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## Customer Reviews

Karin Annus Kärner is a first-generation Estonian American and a resident of New York where she works as a business television producer and teaches music at the New York Estonian School. She is also a board member of the Estonian-American National Congress (Rahvuskomitee), a member of the New York Estonian Theater group, an organizer of the worldwide ESTO '92 festival in New York City, and Miss USA in the Miss ESTO '84 pageant.

I love this cookbook! So many of the recipes in here are just like the one's my IRISH mother used to make which I was never able to learn before she passed. Many of my Estonian friends here in the

US were shocked when I pulled out this book! And many have received it joyfully as a gift from me! When will Karin produce another Estonian cookbook? Long overdue. My only recommendation to the writer is there should be lots of colored photos of the finished food - the eyes eat first!

This is a great cookbook , I have already tried 6 of the recipes so far and they all taste just like my vanaema made me while I was growing up . I am an Estonian woman and the first generation born in usa . So it is very important for me to have found this cookbook , as all of my vanaema cookbooks were in Estonian . my only complaint is there are no photos of finished food , nor a step by step photo of how to make each dish . Thankfully though the author gives very clear instructions and all recipes turn out wonderfully. I highly recomend this cookbook .

written so that 2nd and 3rd generation Estonian Americans can comprehend and learn more about the culture. Gifted it to our son who is a chef and he loved it.

Lots of great recipes!

Great cookbook

I found many recipes that my mom would cook in this book. So much of the comfort food of my culture. I appreciate owning this and plan to try many more of the dishes as I can.

For Children o Estonian background and for curious cooks.

I wanted authentic recipes from Estonia to pass on to my children who do not speak Estonian - this book is it - I have compared several recipes with those of my mother's, nothing comes closer than this book - very pleased!!Estonian Tastes And Traditions (Hippocrene Cookbook Library)

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